

# **CURRICULUM VITAE**



**DR UMESH D MD FCCP MBA**

SENIOR CONSULTANT PHYSICIAN  
AND  
DIABETOLOGIST

## **PERSONAL DETAILS**



**Dr. UMESH D**

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Date of Birth : 21<sup>st</sup> July 1966

Nationality : Indian

Marital Status : Married

Country of Graduation : India

Medium of Instruction : English

KMC Reg. No. : 29839, 26<sup>th</sup> February 1990

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## **PROFESSIONAL QUALIFICATIONS**

### Undergraduate Qualification

MBBS	1988	Mahadevapp Rampure Medical College (MRMC), Gulbarga, Gulbarga University.
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### Post Graduate Qualification

MD (General Medicine)	1996	Karnataka Medical College(KMC), Hubli Karnataka University, Dharwad
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MBA (Hospital Administration)	2016	SMUDE (MANIPAL)
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## **ACADEMIC ACHIVEMENTS**

1. Selected for Fellowship of College of Chest Physicians – 1995.
2. One of the best COURSE DIRECTORS in India & NATIONAL TRAINER (INDIA) FOR REVISED NATIONAL TUBERCULOSIS CONTROL PROGRAMME (RNTCP) – WHO, Geneva.
3. Member of Society of Advanced studies in Medical Sciences, New Delhi.
4. Conducted Re-orientation programme for 250 Medical Officers of 10 Taluk of Tumkur District as a part of RNTCP –WHO programme
5. Co-Ordinator for TB-HIV issues Govt. of Karnataka.
6. Co-Ordinator and Trainer of trainers for INTEGRATED DISEASE SURVEILLANCE PROJECT (IDSP) Govt. of India.
7. Co-Ordinator for HIV-AIDS issues Govt. of India .

8. Visishta chikitsa medal SAC- 1994, Hyderabad

**Previous Appointments:**

<b>Date</b>	<b>post</b>	<b>Specialty</b>	<b>Consultants</b>	<b>Hospital</b>	<b>Months</b>
2015- till date	Chairman and Managing Director	Physician and Diabetologist		Aditya Hospital, Nagarabhavi Bangalore	Till date
2011 – till date	Senior Consultant	Internal Medicine and Diabetology		Fortis Hospital, Nagarabhavi	96
2008 April – 2011 April	Senior Consultant	Internal Medicine and Diabetology		Wockhardts Hospital, Nagarabhavi	42
Since June 2006 – 2010	Consultant Physician and Diabetologist	General Medicine/Internal Medicine		Sarvodaya Hospital, Magadi Road	48
August 2005 to September 2006	Taluk Health Officer	Administrative and various National Programme Implementation		Kunigal Taluk	13
June 2003 to December 2006	Medical Officer Tuberculosis Control (MOTC)	RNTCP- Tuberculosis		Kunigal and Gubbi Taluk	42
January 1997 to December 1998	Lecturer	Internal Medicine		College of Dental Sciences, Davanagere	12

December 1996 to December 1998	Lecturer	Internal Medicine		JJM Medical College, Davanagere	24
November 1993 to January 1994	Registrar	Cardiology	Dr. ST Yavagal	Sri Jayadeva Institute of Cardiology	03
July 1993 to October 1993	Registrar	Neurology	Dr. HS Swamy	NIMHANS	03
March 1990 to June 1991	Registrar	Critical Care Medicine	Dr. SP Bajaj	Dr. Ram Manohar Lohia Hospital, New Delhi	15
May 1989 to January 1990	Pre registration house officer			Government Medical College & General Hospital, Bellary	09
February 1989 to May 1989	Pre registration house officer			Government General Hospital, Gulbarga	03

### **CLINICAL & TEACHING EXPERIENCE :**

1. Training of Medical Officers and Health workers regarding Hospital Waste Management
2. Training of Teachers regarding Vector Born Diseases – Kunigal – June 2006
3. Training of Health workers and Pharmacists regarding DOTs in RNTCP-April 2005
4. Training of ANM's and Medical officers on Integrated Disease Surveillance Project-2005
5. Training of Medical Officers in Revised National Tuberculosis Programme (RNTCP)- Tumkur district – Nov. 2003 to Jan 2004
6. Lecturer of General Medicine, College of Dental Sciences from 1997 to 1998

7. Lecturer of General Medicine, JJM Medical College from 1996 to 1998
8. Trainer of Trainers, Integrated Disease Surveillance Project, Govt. of India

### **TEACHING EXPERIENCE:**

During my 25 years career in General Medicine I have been actively involved in teaching medical students, postgraduate students, nurses, dental students and medical officers in various aspects of General Medicine.

I have been actively involved in all journal club seminars, symposiums, Physicians Conferences, audit sessions and various research activities of the Internal Medicine department during my career.

### **EXTRACURRICULAR ACTIVITIES:**

I have undergone a basic computer training course and can work on programmes such as Windows, Excel, Power point etc

Eager to learn new things

Shuttle badminton

Listening to music, Reading, Yogasana.

### **ADMINISTRATIVE EXPERIENCES:**

1. Worked as Medical Officer for 6 years
2. Worked as MO-TC, Medical Officer Tuberculosis Centre, covering two taluks; Gubbi and Kunigal of Tumkur District which was awarded-2006 as one of the best performing TU on 'World TB Day'
3. Worked as 'Taluk Health Officer' of Kunigal Taluk for conducting and Implementing various National programmes 2005-2006
4. As a Taluk Health Officer handled the Outbreak of 'Chikungunya' in an exceptionally good manner on community based activities and was appreciated a lot in media, newspapers etc.
5. As TB-HIV Coordinator for Tumkur district
6. Conducted PULSE POLIO with 104% achievement – Kunigal Taluk - 2006

THESIS: Study of Cardiac Involvement in Hypertension (Accepted by Karnataka University, Dharwad for award of MD degree in General Medicine.)

### **MEMBERSHIP TO SCIENTIFIC BODIES:**

- Life member of Indian Medical Association (IMA) KAR/5638/146/13/98004/2003-04/CL.
- Life member of Karnataka Government Medical Officers Association(KGMOA)No.KGMOA/LM/6801.
- Member of Society for Advanced Studies in Medical Sciences, 7/328/m/93-94.
- President of Indian Medical Association, Kunigal branch-2006-2007.
- Present President of IMA, Kunigal for 2007-2008.
- Member Secretary Taluk Arogya Raksha Samithi, Kunigal taluk 2005-2007
- Member of District TB Society (District Tuberculosis Society)

### **Present Position**

Senior Consultant :: Fortis Hospital, Nagarbhavi  
 HCG Hospital, Magadi Roaad  
 Corporate Medical Adviser – TVSICS

### **LECTURES DELIVERED**

1. Guest Speaker on 'Malaria', recent advances and management – KMC Hubli – 1995
2. Presented paper on 'Study of cardiac involvement in Hypertension' – API Conference, Manipal – 1997
3. Chaired session in work shop on 'Recent advances in management of Hepato biliary diseases', JJM Medical college – 1998
4. Conducted 'Health check up camp' at rural level – Channagiri -1999
5. Conducted 'Diabetic health checkup' camp – Belthangadi – 2001
6. Guest lecture on 'Recent advances in management of Diabetes Mellitus', IMA Kunigal branch – Nov 2005
7. Guest Lecture regarding 'Approach and Management of Fever', IMA Kunigal –May 2005

8. Guest Lecture at Taluk Panchayat, Kunigal – ‘Population Explosion and its effects on Community and Country – July 2005
9. Conducted Community level ‘Blood Donation Camp’ – Kunigal October 2005
10. Community level awareness programme regarding ‘Facts and Misconception regarding Chikunguniya’ -Amrutur, Kunigal taluk - April 2006
11. Conducted ‘Awareness Programme for Heads of various department at Taluk level regarding NVBDCP (National Vector Borne Diseases Control Programme) – May 2006
12. Conducted Taluk level ‘Teachers training programme on ‘HIV – Issues’ – July 2006
13. High School level awareness lecture on ‘HIV – Issues’ for High school students
14. Resource Person for National Programme Training – 2004-2006
15. Conducted innumerable community level various educational forums
16. Conducted hundreds of Community level Health orientation programmes

#### **ADDITIONAL TRAINING COURSES:**

1. Cardiology – SJIC, Bangalore
2. Neurology – NIMHANS, Bangalore
3. Oncology – KIDWAI, Bangalore
4. IDSP – State training Centre, Bangalore
5. RNTCP – State TB Centre, Bangalore
6. HIV-AIDS – CMC Vellore
7. DTTU – Diarrhea Training & Treatment unit course
8. National Immunization Strategies

#### **Charity work:**

Regularly involved in conducting camps by the IMA, Social Organizations, NGO’s – Lions Club & Inner wheel and also Srilankan refugee camp. Conducted free cardiac checkup Camp in collaboration with Narayan Hrudayaalaya and Diabetes free camp in association with Tumkur Diabetic association at Kunigal. As Taluk Health Officer Conducted Hundreds of Sterilisation Camps, Thousands of Anganawadi checkup camps and hundreds of School health checkup camps.

#### **Television and Media Programmes:**

Regularly involved in TV Channels and NEWS media to educate public and create awareness in the specialty of Tuberculosis/HIV, Diabetes, Hypertension and Communicable Diseases in City Cable TV, Chandana TV, Suvarna Channel and various educative articles in News Papers.